



No Heat/No Cool

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Pope Air Force Base

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CAROLINA FLYER

Vol. 13, No. 41

Willing — Able — Ready!

Friday, Oct. 9, 2009

Influenza season is here

Flu shots, mist now available at Immunizations Clinic



PHOTO BY SENIOR AIRMAN MINDY BLOEM

Tech. Sgt. Pamela Surette, 43rd Medical Group, gives the flu mist to Master Sgt. David Sharp, 43rd Security Forces Squadron, at the Pope Clinic Tuesday.

By Capt. Deidra Lyon

43rd Medical Group Infection Control Officer

The influenza vaccine is now available at the 43rd Medical Group Immunizations Clinic and includes nasal mist and shots. An appointment is not required for vaccination. The Immunizations Clinic is open for walk-ins from 7:15 a.m. to 4 p.m. Monday through Thursday. However, on the second Thursday of each month the Immunizations Clinic is closed for training from noon to 4 p.m. The clinic is open for walk-ins from 9 a.m. to 4 p.m. on Fridays. For your convenience, the clinic is open during lunch until Dec. 4.

The goal of the 43rd MDG is to provide outstanding service by visiting large squadrons once adequate quantities of the flu vaccine is received.

With autumn on the doorstep, the influenza flu season can't be far behind. Influenza is a contagious respiratory illness caused by the influenza virus. The virus is spread from an infected person through coughing or sneezing. Touching something containing the flu virus and then touching the mouth or nose can also infect people. Most seemingly healthy adults can infect others one day before symptoms develop and up to five days after becoming sick. Therefore, people can pass the flu to some-

one else before they know they are sick, as well as while they are sick.

The following are some common symptoms of the flu beginning one to three days after a person is infected and continuing for 14 days:

- ☐ Fever (usually greater than 101.5 in adults and 100.1 in children)
- ☐ Respiratory symptoms such as dry cough, sore throat, runny or stuffy nose
- ☐ Gastrointestinal symptoms such as nausea, vomiting and diarrhea
- ☐ Headaches, muscle aches and extreme fatigue

The best way to prevent the flu is by getting a flu vaccination each year. Some people choose not to be vacci-

nated due to a misperception that the vaccination causes the flu. The truth is that the influenza vaccine causes minimal to no side effects in most people. The vaccination helps prevent infection and the spread of the flu virus.

Since military members deploy at a moment's notice and often live in prime settings for flu outbreaks, they must receive the flu vaccination every year. Having 15 to 20 percent of unit personnel sidelined for one to two weeks with the flu virus can seriously compromise a mission.

Each year in the United States, up to 20 percent of the population get the flu, more than 200,000 people are hospitalized from flu-related complications, and more than 36,000 people die from flu-related causes, according to the CDC. However, a simple, painless flu vaccination can prevent the disease completely or minimize its impact if infection does occur.

There are two types of vaccines:

- ☐ The flu shot — an inactivated vaccine containing a killed virus that is given with a needle. The flu shot is approved for use in people 6 months of age and older, including healthy people and people with chronic medical conditions.
- ☐ The nasal-spray flu vaccine — a vaccine made with live, weakened flu viruses that do not cause the flu. It is approved for use in healthy people 2 to 49 years old who are not pregnant. "Healthy" refers to people who do not have an underlying medical condition that predisposes them to influenza complications. The one exception is healthy individuals who care for

people with severely weakened immune systems who require a protected environment; these people should get the flu shot.

Other flu prevention measures can be nearly as effective as the vaccination itself. These include washing hands frequently, staying home when feeling ill, avoiding contact with others while sick and covering your mouth and nose when coughing or sneezing. All of these measures are essential in reducing people's chances of infection each year.

The H1N1 flu vaccine is not available at this time; however, according to the Centers for Disease Control and Prevention, the H1N1 vaccine is expected to be released this fall. Distribution plans will go into effect as soon as the vaccine becomes available.

Immunization Clinic hours for flu nasal mist and flu shots

Monday through Thursday
7:15 a.m. to 4 p.m.

Fridays
9 a.m. to 4 p.m.

The Immunization Clinic is open through Dec. 4 during lunch.

Note: The Immunization Clinic is closed the second Thursday of each month from noon to 4 p.m. for training.

For more information regarding flu vaccinations or other seasonal flu issues, call your primary care manager at 394-4258.



Our Goal: \$116,000
THANK YOU TEAM POPE!
11 September - 23 October

Staff Sgt. Rosalind Wilson and Crystal Moore, both 43rd Airlift Wing, prepare burritos for a fundraiser Oct. 2 to raise money for the Combined Federal Campaign. The team sold 314 burritos and raised a total of \$628.



PHOTO BY 2ND LT. CAMMIE QUINN

Golf Tournament

The 30th Annual PSAC Joe Barr Memorial Golf Tournament is Oct. 23 with a shotgun start at 12:30 p.m. at the Cypress Lakes Golf Course. Registration is \$40 per player. Individuals may win door and team prizes. The registration fee includes the cookout, which immediately follows the tournament.

Guests are invited to the cookout for a fee of \$10. To fill out the entry form, go to the EIM site under "upcoming events." Once the form is completed, simply bring it and the registration fee to Vicki Johnson at the Public Affairs Office (Bldg. 313), located behind the Finance building in the Wing Headquarters parking lot.

PSA Halloween Party

Team Pope Spouses are invited to a Halloween Social at 6:30 p.m. Oct. 23 at the Airman and Family Readiness Center. Spouses are encouraged to wear their scariest costumes. The night ends with a trip through Pope's Haunted Woods. For more information, call Sarah Stearman at (210) 445-4764.

DUI tracker

DUI tracking is current as of Wednesday

Days since last DUI4
200915
DUIs for 200820
AADD Saves
This week4
This year229



For a free, anonymous ride home midnight to 6 a.m. Friday to Sunday, call Airmen Against Drunk Driving at 394-AADD.

Coining Pope's Finest:

Each week Col. James Johnson, 43rd Airlift Wing Commander, highlights outstanding Airmen



Col. James Johnson, 43rd Airlift Wing Commander, presented a Commander's Coin Tuesday to Airman 1st Class Ana Soza-Mejia, 43rd Medical Support Squadron, and Mr. Tim Bosch, 43rd Civil Engineering Squadron, for their participation in a recent base exercise. Both individuals were instrumental in the success of the training exercise that focused on critical response procedures.

Col. James Johnson, 43rd Airlift Wing Commander, presented a Commander's Coin Tuesday to Mr. Tim Bosch, 43rd Civil Engineer Squadron, and Airman 1st Class Ana Soza-Mejia, 43rd Medical Support Squadron, for their participation during the Major Accident Response Exercise in August.

Chief Bosch is currently the base fire chief and served as the incident commander during MARE. The event was an exercise response to a radiological device that exploded at the base chapel. The explosion had eight victims and was a diversion to hostage situation at the passenger terminal.

Chief Bosch's coordination with the initial emergency responders and his recommendation to activate the Emergency Operations Center was critical to the first stages of the

response. He collected all emergency response information, established an incident action plan and set the tone for a text book response and successful implementation of critical response procedures. His decisive command and on-target initial assessment was instrumental in bringing together the forces needed to mitigate the incident.

Chief Bosch has been at Pope since August 2005. His son, Zachary, recently graduated Air Traffic Control School at Keesler AFB, Biloxi, Miss.

Airman Soza-Mejia is assigned to the Outpatient Medical Records section and is responsible for the maintenance and safeguarding of more than 9,000 health records. Her duties include checking in patients at the main clinic's front desk.

Airman Soza-Mejia's exemplary

job performance was highlighted during MARE. She reacted perfectly when confronted by contaminated patients who entered the clinic. She ensured proper patient safety was maintained and that the infected patients received the appropriate care needed.

Airman Soza-Mejia's customer service skills were impeccable while assisting the patients and evaluators. Her actions were pivotal to the successful execution of the scenario.

Off duty, Airman Soza-Mejia enjoys volunteering at her church and reading. Upon completion of her upgrade training, she plans to return to school to complete her Bachelor of Science degree in education.

She and her husband, Airman 1st Class Thierry Etienne, 43rd Civil Engineer Squadron, have been stationed together at Pope since May.

Commander's Helpline

The Commander's Helpline is your direct link to Col. James C. Johnson, 43rd Airlift Wing Commander. If you have worked through normal channels and aren't satisfied, Helplines are an opportunity to ask questions, compliment someone or make suggestions. You must include a name and phone number for a response.

Helplines of general interest will be published in the Carolina Flyer, others will be answered by letter or phone call.

Remember, the most efficient way to solve a problem is to talk directly to the responsible office or follow your chain of command. You can call the Commander's Helpline at 394-4357 or e-mail to commanders.helpline@pope.af.mil.



Helpful numbers

Emergency (Base Phone/home phone)	394-4258
Cell Phone.....	394-4258
Law Enforcement Desk	394-2800/2808
Helping Hand Hot line	394-2777
Crime Stop	394-4111
Pope Clinic.....	394-4258
Pass and Registration.....	394-2694
Security Force.....	394-2800
Legal Office.....	394-2302
Chapel.....	394-2677
Military Personnel Flight.....	394-2276
Pope Club, collocated.....	497-4031
TRICARE Customer Service.....	1-877-TRI-CARE
Civil Engineers.....	394-2821
Inspector General.....	394-2302
Family Support Center.....	394-2538
Child Development Center.....	394-4323
Kitty Hawk Inn Dining Facility.....	394-4377
Housing Management.....	394-4867
Bowling Center.....	394-2891
Fitness Center.....	394-2671
Finance (Military Pay).....	394-1410/1412
AAFES Shoppette.....	497-8181
Public Affairs.....	394-4183
Pope/Ft Bragg American Red Cross.....	396-1231/877-272-7337

Hunting Lessons from the Annals of Pope's History

By Dan Knickrehm
Pope Historian

In the early days of Pope Field, members of the Army Air Corps had an interesting way to ensure that turkey hunters had a good chance to bag a bird.

According to one man who was at Pope in the early 1920s, balloon pilots used to take their lighter-than-air craft out in the evening and skim the tops of trees where the turkey slept. The turkeys, startled by the noise and movement, flew to the ground and spent the night there. Hunters then had a better chance of shooting the gobblers the next morning because they were on the ground.

Deer were once so plentiful on Pope Field that before the runways were paved in the early 1940s, pilots were told to buzz the field before landing to scare away the deer.

These two facts highlight issues that are still pertinent to hunters and non-hunters alike. The balloon story shows that people get tempted to do dangerous things to secure their prey. As a hunter, I watch with disappointment as stories come out in the media about hunters doing things they know they shouldn't.

For the first time since I began hunting three years ago, I was required to take a hunter safety course. I wasn't sure they were going to teach me much I didn't already know ... I was wrong. I learned many valuable things that will keep me safe in the field and prevent me from being a danger to others.

The story of the pilots buzzing the field indicates how dangerous the presence of deer on roadways can be. Each year many automobile accidents occur as a result of deer walking onto roads. During the early fall months of the year, young deer, unaware of what a road or a car can do to them, wander out into harm's way ... causing our harm.

One key way to avoid collisions with deer is to be especially aware of your surroundings between sunset and sunrise. On roads surrounded by woods, drivers should consider slowing down and paying attention to the sides of the road where deer are likely to stop to check for danger before crossing. You may be able to see their eyes glowing in the headlights of your car.

Just remember to be safe because every deer you hit is one less in my freezer!

Sowing Acts Of Kindness

By Chaplain (Lt. Col.)
Kenneth Reyes
43rd Airlift Wing Chapel

While deployed I witnessed one of the most unselfish acts at Camp Al Saylaiah, a busy place with thousands of people passing through every month. One of our very own Special Forces personnel was folding the clothes of someone he didn't know so someone else could use the dryer.

Some people might have uttered a few choice words before yanking the clothes out of the dryer and stacking them on top of the dryer or table. Maybe some people, after realizing that all the dryers were full and only half of them were on because the other half had completed their cycle and the owners had not returned to claim the clothes, would have said some other wonderful choice words. Some may

Maybe to experience kindness, one needs to offer it. Just the act of doing something kind for someone will make a difference in your life.

have decided to keep their clothes in the washer until a dryer became free – not allowing others to wash their clothes. Still some might have said, "I don't want someone else touching my clothes; those are my private things." Do you sense the tone in that response? It's "me," or "mine," instead of acknowledging an act of kindness.

For some reason, we tend to think the worst of people and that they're not being responsible in attending to their property or in even in the general sense of anything. Why do we have to think the worst?

Why can't we give the person the benefit of the doubt and do an act of kindness?

I guarantee you the person who came back to the laundry room to find their clothes neatly folded was not only shocked but grateful that there are still people in the world who will do acts of kindness because it is the right thing to do.

Imagine if each of us decided to do an act of kindness each day? Even if it's to say, "Good morning," "Can I get anything for you?" or "Can I help?" Asking people how they are

doing and really meaning it would change the climate of our organization and things would get done faster, with more efficiency and with greater results.

Believe it or not, acts of kindness are not an easy thing for people to do. Many people have baggage because they seldom or maybe never have experienced kindness and are, to this day, cynical, angry, bitter, feel a sense of entitlement or think the world owes them something. Maybe to experience kindness, one needs to offer it. Just the act of doing something kind for someone will make a difference in your life.

I hope that person returned kindness to someone else. A week later I found myself in the same situation and the words "Practice what you witnessed" went through my mind. I folded the clothes with a smile and with joy.

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The editorial content is edited, prepared and provided by the public affairs office of Pope Air Force Base, N.C. All photos in this publication are Air Force photos unless otherwise indicated.

Pope Air Force Base Editorial Staff

Commander.....	Col. James C. Johnson
Chief, Public Affairs.....	Capt. Beverly Mock
Editor.....	2nd Lt. Cammie Quinn
Staff Writer.....	Senior Airman Mindy Bloem
Staff Writer.....	Rhonda Griffin
Layout/Graphics.....	Irvin Gourdine

The deadline for all new material, stories and pictures to be considered for publication is noon, Friday the week before publication to the 43rd Airlift Wing Public Affairs Office, 5453 Reilly Street, Pope AFB, N.C., 28308-2391.

The public affairs office staff reserves the right to edit all submissions. Visit the Carolina Flyer Web site at pope.af.mil.

CAROLINA
FLYER

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Published every Friday by Fayetteville Publishing Co., P.O. Box 329, Fayetteville, N.C. 28302, (910) 323-4848, a private firm in no way connected with the U.S. Air Force, under exclusive contract with the 43rd Airlift Wing. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services.



U.S. AIR FORCE

How To Reach Us:

Editorial.....	394-1723
Fax.....	394-4266
Advertising.....	678-9000
E-mail:	carolina.flyer@pope.af.mil

Reports from Battle: Airman deploys with Navy aboard ship



PHOTO BY FRED W. BAKER III

U.S. Air Force Senior Airman Adrianna Ortner helps direct the traffic at a medical site in Chinandega, Nicaragua, July 11. Hundreds of locals showed up in hopes of being seen by healthcare providers from the USNS Comfort that stopped in the country on the final leg of Continuing Promise 2009, a four-month, seven-country humanitarian mission to Central and South America.

By Senior Airman Mindy Bloem
Staff writer

Editor's note: This is part two of a four-week series, profiling Pope members who are currently deployed or have recently returned from deployment.

Before getting a spot aboard the USNS Comfort, one persistent Airman made it her objective to pay regular visits to her Unit Deployment Manager's office to inquire about deployment opportunities.

Her persistence paid off, and Senior Airman Adrianna Ortner, a health services manager, found herself on the other end of a phone call being asked to say something in Spanish – a request she, a bi-linguist, had no problem with. Her ability to speak Spanish fluently qualified her to go on a humanitarian mission in support of Operation Continuing Promise; and before she knew it, Airman Ortner was boarding a Navy ship where she would spend the next four months deployed at sea.

The mission was a unique one for the Airman, and when she was issued only a mosquito net for the deployment, her curiosity was piqued.

Once aboard the USNS Comfort, she set up her minimal supplies in the berthing area she would be sleeping in for the next four months.

"I didn't really know what to expect," Airman Ortner said. "It was mostly run by the Navy although there were people there from all the other military branches and some other civilian and

government organizations as well.

"It was really different living on a ship. The living quarters were really tight and always kept at 55 degrees so I had to buy some blankets from the Navy Exchange."

But Airman Ortner wasn't sure what her job duties would entail until she in-processed and learned she would be pulling double duty working in patient administration and as a translator.

When she was told to "muster" the next morning at 7 a.m., the gravity of the situation hit her.

"At the time, no other Air Force members had arrived yet," she recalled. "I was getting all these new terminologies thrown at me, and I was just trying to make mental notes and keep up. I hadn't gotten to know my co-workers yet. I missed my husband and I was just trying not to choke up."

Airman Ortner didn't have much time to dwell on her loneliness because she soon found herself busy with her hectic schedule and patient responsibilities.

The members of the USNS Comfort provided humanitarian care to seven countries: Haiti, the Dominican Republic, Colombia, Panama, El Salvador, Nicaragua and Antigua.

"We had the same mission in each country," Airman Ortner said. "The first two days were surgical screening days to find out who qualified for surgery. We set up in places like schools or gyms to do clinical care. Those days were always crazy chaotic. Lines

of people at least a mile long were waiting to get inside. Many people would sleep outside just for a place in line.

"It was sad at times because people would be outside the gates before we let them in, and they'd be signaling me to come over and help them. It could be overwhelming because so many people needed care, but you couldn't help everyone."

All of the patients who were to board the ship for care had to be tested for Tuberculosis. If they tested positive, they were not allowed to board the ship. An unfortunate reality one had to strictly follow to

ensure the safety of the others aboard the vessel.

"It was heartbreaking when you had to turn someone down due to procedures."

Aside from the handfuls turned away, there were scores of people who were helped by the humanitarian effort, and Airman Ortner remembers several incidences.

One involved a little boy from Columbia who suffered from Harlequin-type ichthyosis disease, a skin disease where the body does not regenerate skin cells, creating a scale-like appearance.

Airman Ortner said he was 9 years old but looked

like he was 7 and had the same skin since he was born. His mouth was wide open and he couldn't blink.

The doctors were able to provide him with surgery so he could blink. They also sent his case to his country's agency and got him approved for another surgery.

"It makes you think about how we stress about the smallest things like 'my hair looks like crap' or 'I gained five pounds.' It taught me to appreciate things more. I have so much. I've found that I don't splurge on things since returning from that deployment. In fact, I went through my closet when I got back and donated a ton of my

stuff."

Although Airman Ortner knows the deployment was stressful (she lost 20 pounds just from being "on the go" for hours on end), she also knows it was one of the most rewarding experiences of her Air Force career.

"The best part was being able to see the 'before and after' effect of the people you helped. A lot of patients cry. Parents bring food and gifts, and you can just tell that no words can define what they're feeling."

"I want to do more," Airman Ortner added. "Before I was living more for myself. I feel like I was more selfish, but now I want to do more to help others."

43rd CONS and CPTS close out the Fiscal Year

By 2nd Lt. Cammie Quinn
Editor

While many of Team Pope's members were sleeping the night of Sept. 30, members of the 43rd Contracting and Comptroller Squadrons were working late into the night and into the next morning to close out the 2009 Fiscal Year. They run on a fiscal calendar, with end of year being Sept 30, rather than in December. Fiscal year 2009 began Oct 1, 2008, and ended around midnight Sept. 30.

Pope closed out the year with three big spenders. The 18th Air Support Operations Group, Pope's highest spent customer, used their money toward requirements and resources to send down-range, said Linda Walker,

43rd CONS. Following the group's footsteps was the 440th Airlift Wing. "The 43rd Airlift Wing was the number three customer on this base, in terms of dollars spent," said Lt. Col. Michael Everton, 43rd CONS Commander.

The task wasn't easy for the 43rd CONS, which faced a new challenge resulting from a lack of manpower. "Right now we have nine civilian vacancies," said Ms. Walker. "What makes it unique this year is we have several large contracts that have to be redone." Colonel Everton said, "It's a lot of long hours." The colonel stayed past midnight Sept. 30 to assure the end of year close out was a success.

Maj. Michael Kwasnoski, 43rd CPTS Commander, recently returned from a six-month deployment to

"At the end of year, we're doing a balancing act between additional funding and fallout."

— Major Mike Kwasnoski
43rd Comptroller Squadron

Afghanistan. He attributed the this year's success to the exceptional continuity in the financial analysis team who kept him apprised of the issues during his transition back.

The squadron welcomed a new budget officer, Capt. Shirrisha Peake. "She and her entire financial analysis office – all the Airmen and civilian members were exceptional," said Major Kwasnoski.

In order to prepare for fiscal year end, a Wing Buy Down list is established before the end of August. The list is a combination of

wing unfunded requests, ranked according to mission requirements.

This year's list consisted of 70 items, 40 of which were purchased, said 2nd Lt. Matt Miller.

As money falls out the end of the FY, it is spent on the highest ranked priorities. "We need to get all the prep work before the money drops," said 2nd Lt. Ester Kim, 43 CONS squadron. "For commodities such as tactical gear or printers, we spend one to five days soliciting, which is essentially advertising the requirement." The bet-

ter vendor is awarded the contract and the rest is history. It's not abnormal for these contracting specialists to have anywhere between seven to 10 contracts open each day throughout the month of September.

Back at CPTS, the financial analysis team was busy awaiting system updates and additional funding which required time spent through the weekends in order to coordinate with Air Mobility Command to receive periodic status reports as well as "being able to service with contracting with their needs – it was a pretty aggressive schedule," said Major Kwasnoski.

The Comptroller Squadron, specifically the financial analysis flight manages the budget. That is, the funding, authoriza-

tions and allocations for the wing – where funding is, and in what accounts funding is placed and managed, down to the penny," said Major Kwasnoski. "At the end of year, we're doing a balancing act between additional funding and fallout."

"Comptroller and contracting work hand-in-hand at the end of the year – we have a fantastic relationship on this base," said Major Kwasnoski. With more than \$54 million negotiated and obligated between the two squadrons, it is obvious that the relationship is stronger than ever.

Both commanders look forward to the new fiscal year and recognize their respective squadron members as key to Fiscal Year success.

Pope talks By 2nd Lt. Cammie Quinn
Editor

What would you like to see more of in the base paper?



“Weekly updates on BRAC”

— **Staff Sgt. Camia Goodwin**
43rd Medical Operations Squadron



“More information on individual squadrons”

— **Staff Sgt. Jack Lawson**
440th Maintenance Squadron



“More base current events”

— **Senior Airman Stevan Huff**
43rd Security Forces Squadron



“More information on community events for Airmen”

— **Malcolm Hoskins**
Flight Line Cafe Chef



PHOTO BY RHONDA GRIFFIN

Fire Prevention Week

Sparky the Fire Dog and several members of the Pope Fire Department visited the children at the Child Development Center Tuesday during Fire Prevention Week.

Pope Airman participates in ‘ICON’ final competition

By Scott Black
Air Mobility Command Icon Program Marketing

Airman 1st Class Charlie Parker, 3rd Aerial Port Squadron, has earned a spot as an Air Mobility Command Pope Icon finalist.

The competition takes place at the Scott Club, 6:30 until 9 p.m. CST, Oct. 22, with the event featuring a special performance by AMC’s own Air Force Band of Mid America.

As an added feature, the command finals will be broadcast to AMC installations planning an Icon viewing party. All AMC installations will receive a DVD of the command performance for use on their installations.

“AMC Icon provides Air Force vocalists an opportunity to shine, and this year we have some truly exceptional

talent,” said Sam Parker, program manager for Icon.

AMC Icon is loosely based around the hit TV show, American Idol. Icon features active-duty Air Force vocalists who competed from all 12 AMC bases plus one competitor from an AMC affiliate unit.

Participants are competing for \$2,000 in cash prizes, and the winner also receives a special invitation to audition with the Air Force Tops in Blue – the Air Force’s premier entertainment showcase. One of last year’s Icon contestants, Senior Airman Jeffery Collins from Dover AFB, is currently touring with Tops In Blue.

Other participants in the 2009 Icon command performance include:

- Staff Sgt. Shawn Summers, Charleston AFB, S.C.
- Tech. Sgt. Latisa Eddy,

- Dover AFB, Del.
 - Capt. Manuela Peters, Fairchild AFB, Wash.
 - Airman 1st Class Marshall Merriweather, Grand Forks AFB, N.D.
 - Staff Sgt. Latanza Meabon-Whiteside, Little Rock AFB, Ark.
 - Senior Master Sgt. Craig Hall, MacDill AFB, Fla.
 - Airman 1st Class Rachel Kleist, McChord AFB, Wash.
 - Staff Sgt. Doug Boren, McConnell AFB, Kan.
 - Master Sgt. Lisa White, Joint Base McGuire-Dix-Lakehurst, N.J.
 - Staff Sgt. Rick Bislich, Scott AFB
 - Staff Sgt. Janina Morrison, Travis AFB, Calif.
 - Senior Airman Anthony Kingston, Andrews AFB (AMC affiliate unit), Md.
- The master of ceremonies for the command

performance is Tech. Sgt. Walter Campbell. Sergeant Campbell has toured with Tops in Blue performing throughout the United States and around the world.

Additionally, a special panel of judges will be on hand to select the best of the best. The judges include two St. Louis radio personalities, “Smash” from FM 103.3, and “Cornbread” from FM 92.3. The third member of the judges’ panel, and special guest performer, is Stella Markou, director of vocal studies at the University of Missouri in St. Louis. Ms. Markou is also a local recording artist and theatrical performer.

“AMC Icon supports the command’s commitment to the Year of the Military Family and promises to be an outstanding program,” said Mr. Parker.

News

Editor's note: To maintain the newsworthiness and timeliness of the Carolina Flyer, briefs will run for a maximum of four weeks or until the event occurs, whichever comes first. If there's a need to extend the publication of the brief, call the editor at 394-1723.

■ **Get out of Debt:** "Getting out of debt," a credit management class, is held from 9 to 11 a.m. Thursday. This class teaches people about wise credit selection, the true cost of credit, and how to deal with too much debt. Participants will learn how to use Power Pay, a computer software rapid debt reduction program. To reserve a seat, call the Airman and Family Readiness Center at 394-2538.

■ **RAD Class:** The women of Pope are invited to take part in the next Rape Aggression Defense class from 6 to 9 p.m. Oct. 16 and from 8 a.m. to 6 p.m. Oct. 17 in the Family Support Center. The course is for females 14 years old and up. To sign up, call 394-2769/4551.

■ **Sponsorship Training:** Have you been assigned as a sponsor for personnel coming to Pope? Plan to attend the Sponsorship Training Oct. 20 from 9 to 10 a.m. This class provides individuals with the resources to effectively assist those arriving at Pope. Registration is required. To reserve a seat, call 394-2538.

■ **Airman's Attic:** The Airman's Attic is open to all Pope servicemembers and their families from 10 a.m. to 2 p.m. Oct. 21 at the AFRC. Furniture will be available for only E-5s and below with less than eight years of service. For more information, call 394-2119/2424.

■ **Smooth Move:** Moving soon due to changing duty stations or retirement? A Smooth Move class is available from 9 a.m. to noon Oct. 22 at the AFRC. This class teaches how to have a successful move.

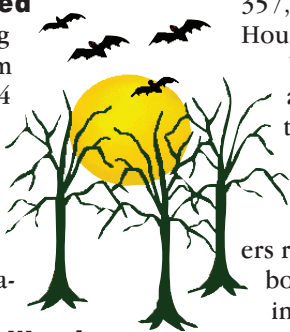
Information will be presented from Legal, TMO, Life Skills, Housing, Finance and more. Reservations are required. To register, call the AFRC at 394-2538.

■ **The Haunted Woods:** Pope is having the Haunted Woods from 6:30 to 9 p.m. Oct. 23-24 at the Pope Fitness Trail between Pope Elementary School and the AFRC. The price for admission is \$2. For more information, call 394-4238.

■ **Wounded Warriors Run/Walk:** The Woodlake Country Club is hosting a Wounded Warriors 5K Run/Walk at 10 a.m. Oct. 24 in support of those who have risked their lives. The run/walk begins at the south side of the marina. The entry fee is \$15 and the entire sum will go toward the Wounded Warriors Project. There will be no cash prizes or t-shirts. Hot dogs and water will be provided. Other donations are appreciated and may be sent to Wounded Warrior Project (c/o Kayla Lively) P.O. Box 296, Vass, N.C. For more information, call Ms. Lively at 528-0229 or Don Jones at 245-2395.

■ **Military Appreciation Day:** Wallace Wade Stadium is hosting a Military Appreciation Day Nov. 14 for all active duty, Reserve members and retirees who want to watch Duke play Georgia Tech. Receive up to four free tickets with your military ID. Tickets are available at any gate on game day. For more information, call 1-877-375-Duke.

■ **In - Service Recruiter:** Pope's new Air Force Reserve in-service recruiter is Master Sgt. Jason Maney. Individuals who are separating from active duty and are interested in Reserve assignments or the Palace Chase program can reach Sergeant Maney at 394-1099.



■ **Thrift Shop:** The Pope Thrift Shop is located in Bldg. 357, next to the base library. Hours of operation are Tuesdays, Wednesdays and Thursdays, 10 a.m. to 1 p.m. and Thursday from 5:30 to 8:30 p.m. Personnel with access to Pope may shop at the store. Consignments are accepted from Department of Defense identification card holders regardless of rank or branch of service, both active duty and retired. For more information, call 394-2427.

■ **FAP:** The Family Advocacy Program offers education and support services tools for building healthy family relationships. They offer a wide-range of classes. Most classes are voluntary, self-referred and offered on a rotating basis. For more information or to register for classes, call 394-4700.

■ **Clothing Sales Moves:** The Air Force and Army Military Clothing Sales stores have moved the Pope location to the Military Clothing Store on Fort Bragg, located in the Mini Mall off Reilly Road. The new hours of operation are Monday to Friday from 8 a.m. to 8 p.m. Saturday from 9 a.m. to 7 p.m. and Sunday from 11 a.m. to 5 p.m. The consolidation is a result of Base Realignment and Closure adjustments taking place between the installations. The move allows AAFES to improve the stock assortment as well as continue to provide Air Force items for customers and increase the hours of operation.

■ **Information, Tickets and Travel:** The Pope Information, Tickets and Travel office has tickets available for The Chase for the Sprint Cup at Lowe's Motor Speedway Oct. 17 in Concord, N.C. The ticket price for adults is \$35, the ticket price for children is \$12; pit passes are



\$89. For more information or to order your tickets, call the Pope ITT office at 394-4478/5462.

Disney on Ice presents Celebrations at the RBC Center in Raleigh at 7 p.m. Dec. 9 and 10, at 6:30 p.m. Dec. 12, at 1:30 and 5:30 p.m. Dec. 13. Ticket prices range from \$13.50 to \$15. For more information or to order tickets, call 394-4478/5462.

■ **Breast Cancer Awareness event:** LaTeacha Coleman presents the Life After Cancer Reach out, Uplift Tour, a Breast Cancer Awareness event from 10 a.m. to 2 p.m. Oct. 31 at the Holiday Inn located off of I-95. There will be a fashion show, an auction, a skit, and several guest speakers. For more information, send an e-mail to lateacha@life-after-cancer.org.

■ **MPS closing:** The Military Personnel Section is closed Oct. 16 for Wingman Day. It will reopen Oct. 19 at 7:30 a.m. For more information, call Senior Master Sgt. Alexandra Hoellein at 394-1092.

■ **CFC Volleyball Tournament:** There will be an open Volleyball tournament at the Fitness Center Oct. 17. The purpose of this tournament is to raise money for the Combined Federal Campaign. All of the money raised will go to a charity. The tournament consists of a six-man team; however, if you desire to play with four players you may do so. The entry fee per team is \$35, and the tournament is open to any DOD card holder. Registered teams do not have to be from a specific unit. You have the option to choose your own players. For example, your team may consist of friends and family members as long as they are a DOD cardholder. For more information, call Senior Airman Christian Pagan at 394-2671.



Congratulations to the following individuals who scored exceptionally well on their Career

Development Course exams.

43rd Civil Engineer Squadron

Senior Airman Zachary Wojcik, 97 percent
Airman 1st Class Dajuantaya Brown, 97 percent
Airman 1st Class Michael Lawton, 91 percent
Airman 1st Class Joshua McCue, 94 percent
Airman Luci Cornett, 91 percent

18th Weather Squadron

Staff Sgt. Logan English, 91 percent

36th Aeromedical Evacuation Squadron

Senior Airman Gurpreet Dhaliwal, 92 percent



Southwest Asia

PHOTO BY STAFF SGT. SHAUN EMERY



RAMSTEIN AIR BASE, Germany

PHOTO BY TECH. SGT. MICHAEL VOSS



PAGO PAGO, American Samoa

PHOTO BY TECH. SGT. COHEN A. YOUNG



SPANGDAHLEM AIR BASE, Germany

PHOTO BY SENIOR AIRMAN CHRISTOPHER HUBENTHAL



Afghanistan

PHOTO BY STAFF SGT. SHAWN WEISILLER



OSAN AIR BASE, South Korea

PHOTO BY STAFF SGT. BRIAN FERGUSON

Around the Air Force

Southwest Asia

Tech. Sgt. Michael O'Toole loads 25mm projectiles in to a burn bin for disposal Sept. 25 at an air base in Southwest Asia. EOD members are responsible for the destruction of expired or unusable ammunition. Sergeant O'Toole is the 386th Expeditionary Civil Engineer Squadron Explosive Ordnance Disposal Flight NCO-in-charge.

PAGO PAGO, American Samoa

A contaminated area of the shoreline areas has turned green as of Oct. 1 in Pago Pago, American Samoa. The island nation was struck Sept. 29 by an 8.3 magnitude earthquake generating 15-foot waves and destroying whole villages.

Afghanistan

Container delivery system bundles dropped from a C-17 Globemaster III touch down Sept. 23, outside a forward operating base in Afghanistan. More than 4 million pounds of supplies were delivered by the Air Force via airdrop in the month of September.

RAMSTEIN AIR BASE, Germany

Maj. (Dr.) Jonathan Evan flosses Hayden Voss' teeth during his first trip to the dentist Sept. 23, at Ramstein Air Base, Germany. Dentists at the 86th Dental Squadron see hundreds of children each year from the Kaiserslautern Military Community. For the initial visit, Dr. Evans emphasizes the importance of parentally involvement and the child's overall dental well-being. Dr. Evan is an 86th Medical Group general dentist.

SPANGDAHLEM AIR BASE, Germany

Airman Adam Osgood scans the underside of an F-16 Fighting Falcon while performing a routine inspection Sept. 24, at Joint Base Balad, Iraq. Airman Osgood is a 332nd Expeditionary Aircraft Maintenance Squadron crew chief deployed from Spangdahlem Air Base, Germany.

OSAN AIR BASE, South Korea

Senior Airman Malcolm Asher loosens one of 16 bolts securing the wing of an F-16 Fighting Falcon Sept. 25, at Osan Air Base, South Korea. The wing is being replaced due to corrosion and cracks found during a routine inspection. Airman Asher is an aircraft fuel system technician with the 51st Maintenance Squadron.

No-Heat/No-Cool goes into effect

By 1st Lt. Kyle Bergren
43rd Civil Engineering Squadron

Fall is here and members of the 43rd Civil Engineer Squadron heating, ventilation and air conditioning section are preparing for the upcoming heating season.

The HVAC shop begins turning off chillers and heat pumps Tuesday. Some systems require a cool down period, because they share the same heating and cooling water pipes.

After the shop completes these steps, an intensive preventative maintenance program is then performed.

"System maintenance is a periodic requirement that takes priority over routine repairs," said Don Hodson, 43rd CES Operations Flight deputy commander.

Without our recurring maintenance program, some systems would deteriorate to the point of catastrophic failure, Don Hodson added. We look forward to the change-over period between heating and cooling to accomplish the majority of our maintenance.

The Energy Conservation Policy's No-Heat/No-Cool plan goes into effect Tuesday and continues through Nov. 15, weather permitting. During the no-heat/no-cool period, 43rd CES will complete the third step of preparing all buildings to switch over to heating.

According to the policy, during the spring, the no-cool period can be suspended if the outdoor air

exceeds a certain temperature for five consecutive days. In the winter, the no-heat period can be suspended if the outdoor air temperature falls below 55 degrees for five consecutive days.

The CES will program the appropriate temperatures for buildings with Direct Digital Controls.

The base wide Energy Management Control system can control these buildings from a central location.

The base averages \$300,000 in utility bills per month. Since a very large portion of Pope's energy usage is related to heating, ventilation and air conditioning, taking advantage of mild weather is an excellent opportunity to save money and energy.

Turning off the HVAC systems contributes to the 30 percent reduction in energy use which is vital to the success of meeting reduction goals mandated by the president.

The overall plan is to save energy for the base, said Robert Logan, 43rd CES HVAC supervisor. In addition to reducing how long we leave things on, we are installing more efficient equipment to help save energy.

Dormitories and billeting are the priority for switching to the more efficient air conditioning, followed by training facilities, then the remaining administrative and industrial facilities.

The facility managers are the first point of contact for any building and equipment problems.

For more information, call CE customer service at 394-2821.



PHOTO COURTESY

Tech. Sgt. John Geissbuhler and Staff Sgt. Jimmie Delecki, 43rd Civil Engineer Squadron, repair a broken exhaust fan at the Pope Club.



PHOTO BY MIKE MURCHINSON

Wing Run

Col. James Johnson, 43rd Airlift Wing Commander and Chief Master Sgt. Douglas Ackerman, 43rd AW Command Chief, join Senior Airmen Kettia Green and James Faulk, 440th Services and 43rd Force Support Squadron, respectively, as they lead the 43rd AW through stretches before the Wing Run Oct 2.

Celebrating tri-base inauguration

By Stephen Snyder and
Tech. Sgt. Denise Johnson
Joint Base Public Affairs

10/2/2009 - JOINT BASE MCGUIRE-DIX-LAKEHURST, N.J. — The 87th Air Base Wing commander kicked off her first commander’s call as she assumed the role of commander, Joint Base McGuire-Dix-Lakehurst, to celebrate the inauguration of the nation’s only tri-base military installation on Oct. 2.

Dignitaries including Congressmen, local politicians, military leaders and rank and file from the newly-formed base and local area listened to Col. Gina Grosso’s eloquent and sometimes poignant testimony amid sunny and windswept terrain swirling around the hangar housing the Air National Guard’s 108th Air Refueling Wing.

Colonel Grosso addressed challenges and opportunities amid attentive members of previous separate entities, McGuire Air Force Base, Fort Dix and Naval Air Engineering Station Lakehurst, as the plan to transform three of America’s military installations into one went from paper to reality.

Noting that McGuire and Lakehurst originally evolved from Camp Dix, Colonel Grosso emphasized “what makes this transition so exciting is that of the 12 joint bases directed by the 2005 BRAC legislation, we are America’s only tri-service joint base.” The Department of Defense estimates there will be a \$2 billion savings over the next 20 years by consolidating 12 joint bases. But, Colonel Grosso said, that fact is not the most impressive in the base-coordinating scenarios.

According to the commander, unity should breed excellence.

“This new construct (has)

the ability to take the best practices of each base and apply them across what will now be one installation,” the colonel said. “For every installation management function, we have the opportunity to look at three unique ways of doing business and creating a new process that takes the best of the three.”

JB MDL deputy commander and emcee for the ceremony, Col. Joseph Poth, validated the significance of the merger as he pre-empted Colonel Grosso’s speech, “Today’s ceremony marks a significant day in the history of McGuire, Dix and Lakehurst.

“As we mark this day, we want to welcome the newest members of our joint base team and highlight how our active-duty, Reservists, guardsmen and civilians ensure total force integration by training and supporting installation operations, while preserving our country’s homeland defense and sustaining full-spectrum operations,” Colonel Poth explained.

The compilation of specific services is intended to allow each branch of service to maintain their respective identities and missions, while streamlining efforts to create efficiencies in support functions.

Colonel Grosso payed tribute to the joint-basing benefits which as of today, have become reality.

“Soldiers, Sailors, Airmen, Marines and Coast Guardsmen” should receive “better installation support, at a lower cost while having access to programs and services which were not previously available to them,” concluded the colonel.

The commander’s description of the new tri-service team gave due cre-

dence to this historical group of men and women as “the initial cadre of America’s only tri-service base” whose “task is to provide world-class installation support to our joint warfighters and to commit to spreading best practices across the installation.”

The joint base commander thanked former Congressman William Saxton, noting that, “Without his interest and commitment to McGuire, Fort Dix and Naval Air Engineering Station Lakehurst, these three bases would have been closed long ago and their tremendous legacy lost forever.”

She also thanked Congressman John Adler, who currently represents New Jersey’s Third Congressional District.

That assured lifespan will be long, with a future formed by world events – a future filled with missions spanning land, sea and air, according to Colonel Poth, as he described the vast inventory now at the disposal of the joint warfighters here.

“The 305th Air Mobility Wing’s KC-10 Extender and C-17 Globemaster III conduct strategic airlift and air refueling missions worldwide; the 108th Air Refueling Wing’s KC-135 Stratotanker supports air refueling and aeromedical evacuations; the New Jersey National Guard’s UH-60 Blackhawk moves large payloads of equipment and personnel, much like the mass mobilizations we see day in and day out with our Soldiers on Dix; and the U.S. Coast Guard’s vessels provide vigilant service upon the coastal and inland waters of the United States,” he continued. “Together, we all join force to become America’s premier joint warfighting base.”

Colonel Grosso, in recog-

nizing the transition, assured the audience the foundation of service has not changed, “The men and women of the 87th Air Base Wing will always be here when you need us.”

The day was founded upon a concept of a joint endeavor brought to fruition; the guests, audience and speakers mirrored the joint theme.

The invocation, benediction, posting of the nation’s colors and national anthem were all delivered by Airmen, Soldiers and Sailors displaying various uniforms side-by-side, a sight soon to be the norm here at JB MDL.

Robert F. Kennedy once said, “The future is not a gift; but an achievement.” Today, members of the tri-base stood as testament to this quote.



PHOTO BY CARLOS CINTRON

Col. Gina Grosso, commander of Joint Base McGuire-Dix-Lakehurst, N.J., addresses a crowd of Soldiers, Sailors, Airmen and civilians at a commander’s call Oct. 1. The commander’s call marks the inauguration of America’s first tri-service base.

MARKETPLACE

CAROLINA FLYER

Oct. 9, 2009

www.pope.af.mil

POPE SERVICES

Kitty Hawk Inn
☐ 394-4377
UTA weekend Saturday and Sunday:
Breakfast: 6 to 8 a.m.
Lunch: 10:30 a.m. to 1 p.m.
Dinner: 4 to 7 p.m.
Monday - Friday
Breakfast: 5:30 to 7 a.m.
Lunch: 10:30 a.m. to 1 p.m.
Dinner: 4 to 7 p.m.
Weekends, Holidays and downdays
Brunch: 7 a.m. to noon
Supper: 4 to 6 p.m.
Habaneros' Mexican Grill
☐ 394-4580
Breakfast

Monday - Friday: 7:30 to 10:30 a.m.
Lunch
Daily: 10:30 a.m. to 2 p.m.
Information, Tickets and Travel
☐ 394-4478 or 394-5462
Monday - Friday: 10 a.m. to 5 p.m.
Library
☐ 394-2195
Monday - Thursday: 9:30 a.m. to 8 p.m.
Friday: 9:30 a.m. to 7 p.m.
Story time
Friday: "Balloons" 4 p.m.
Tuesday: "Our Hero Tree"
Saturday: 10 a.m. to 5:30 p.m.
Wood Shop

☐ 394-5049
Tuesday - Thursday: 1 p.m. to 8 p.m.
Friday and Saturday: 9 a.m. to 5 p.m.
School Age Programs
☐ 394-2869
Monday - Friday: 6 a.m. to 5:30 p.m.
Auto Hobby/Equipment Rental
☐ 394-2293
Tuesday - Thursday: 11 a.m. to 8 p.m.
Friday and Saturday: 9 a.m. to 5 p.m.
Community Center
☐ 394-2779
Closed for renovation
Bowling Center
☐ 394-2891

Monday - Thursday: 11 a.m. to 9 p.m.
Friday: 11 a.m. to 1 a.m.
Saturday: 11 a.m. to 12 a.m.
Sunday: 11 a.m. to 7 p.m.
Willow Lakes Golf Course
☐ 394-GOLF
Monday: Closed
Tuesday and Sunday: 7:30 a.m. to 7:30 p.m.
Fitness Center
☐ 394-2671
Monday - Friday: 5 a.m. to 11 p.m.
Saturday and Sunday: 7 a.m. to 6 p.m.
Holidays and family days: 7 a.m. to 3 p.m.
Frame and Design Arts
☐ 394-4192
Monday and Tuesday: 10 a.m. to 5 p.m.

Wednesday and Thursday: 10 a.m. to 7 p.m.
Friday: 10 a.m. to 5 p.m.
Saturday, Sunday and Holidays: Closed
Butler's Barber Shop
☐ 394-4387
Monday - Friday: 9 a.m. to 5 p.m.
Mack's Barber Shop
☐ 436-7718
Monday - Friday: 9 a.m. to 5 p.m.
Child Development Center
☐ 394-4323/2724
Monday - Friday: 6:30 a.m. to 5:30 p.m.

Pope chapel

315 Ethridge Street
☐ 394-2677

Religious services

For bible studies call the chapel

Traditional

service:
Sunday, 8 a.m. except second Sundays

Contemporary service: Sunday, 11:30 a.m.

Protestant Combined Worship: 11:30 a.m. the second Sunday of each month with potluck following services

Sunday school (all ages): 10 a.m. at Pope Elementary School

Catholic services: Sunday at 9:30 a.m. and 5 p.m.

RCIA: Contact 394-1856

CCD: 11:15 a.m. at Pope Elementary School

Services offered at Fort Bragg

Catholic service: JFK Chapel, Ardennes Street, Saturday at 5 p.m. Confessions at 4 p.m.

Muslim or Orthodox Christian services: Call the Fort Bragg Chapel at 396-1121.

Officers' Christian Fellowship: Bible study on leadership, Wednesday at 6 a.m.

Jewish services: Contact the Faith Community Chapel Bldg. D-3733 Ardennes St at 489-2094.

Wiccan ceremonies: The Watters Center on Fort Bragg holds an open circle Thursday at 7:30 p.m.

Come Support Our Own
AMC ICON
Air Mobility Command
Charlie Parker
Thursday
October 22
Pope Club
Show starts at 7:30pm

HAUNTED Woods
6:30PM-9PM
\$2 ADMISSION
Oct 23 & 24
AT THE FITNESS TRAIL
BETWEEN POPE ELEMENTARY &
THE FAMILY READINESS CENTER
CALL TIFFANY AT
394 - 4238 FOR MORE INFO.
Year of the Air Force Family

National Military
Family Appreciation Week
Nov 2 Nov 3 Nov 4 Nov 5 Nov 6 Nov 7
Read to Me
Come to the CDC or SAP to read to the children. 9^{am}-10^{am} and 3-4pm
Folks Match
Family walk around base. Free hot chocolate & treats! 3^{pm} at Woodland Park.
Dinner on us!
Families with enrolled kids in the SAP or CDC are invited to enjoy dinner on us! 4pm at the SAP & CDC.
"Thank you Can Dance?"
Show us what you've got! Open to all ages. 6pm at the Pope Club.
Special Social Hour
Exceptional members & their families. 6pm at the Airman & Family Readiness Center.
"I got Talent"
Show off your talents! 1pm at the Base Theater
We're celebrating our **Pope AFB Families**
Come join in the fun, **it's your week!**
Contact the School Age Program to sign-up and get more info. 394-2869
Year of the Air Force Family

Movie Corner: Gamer



By Irvin Gourdine
Staff Writer

If you are looking for non-stop action, this is a movie for you. Don't expect much more from this film or you will be disappointed. "Gamer" is pretty short and doesn't have many dimensions for a movie. You won't get many surprise twists, dramatic scenes or any other non-action scenes.

After seeing the previews and reading the plot of the movie, I expected so much more. Just the idea of being able to control real people through a video game is tempting and exciting.

The movie is set in the future where people can play an online game that controls real people. When a player dies in the game, that person also dies in real life.

Kable, played by Gerard Butler, is one of the game's characters, known as Slayers. He fights to regain his independence and take down the mastermind of the game Ken Castle, played by Michael C. Hall.

With the help of a young gamer, Simon, played by Logan Lerman, who continues to defy the odds and guide Kable to victory week after week, Kable must survive long enough to free his family and escape the game.

Once you know the plot of the film, you can pretty much sum up what's going to happen next. "Gamer" is an hour and a half full of gory violence and nudity.

I don't think this movie is anything special, but if you're in the mood for action on top of more action, this film is for you.

